

Coconut Cream Pie

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## Cavell Gardens Monthly Meal Plan

Sun, Dec 01	Mon, Dec 02	Tue, Dec 03	Wed, Dec 04	Thu, Dec 05	Fri, Dec 06	Sat, Dec 07
Lemony Chicken Vegetable Soup Cheesy Scrambled Eggs and Breakfast Sausage	Cream of Mushroom Soup	Italian Wedding Soup Cheesy Beef Quesadilla	Cream of Broccoli Soup	Chick Pea and Lamb Soup	Brunch Buffet	Basil Minestrone Soup
	Roasted Chicken Burger Club with Lettuce, Tomato, Red Onion	cheesy been questiania	Creamy Mac N' Cheese with Cajun Shrimp	Chicken and Artichoke Casserole with Garlic Toast	Ham with Raisin Sauce, Egg's Benny, Hashbrown, Baked Beans, Roasted Mushroom, Tomato,	Beef Burger with Lettuce, Tomato and Red Onion on Soft Potato Bun
Crispy Tater Tots and Sliced Tomatoes	Dill Potato Salad	Mixed Greens, Sour Cream and Salsa	Spinach Cornbread Muffin	Mixed Tossed Greens	Fresh Waffle with Condiments	Yam Fries
Strawberry Mousse with Vanilla Wafer	Jelly Filled Donuts  Mixed Greens w/ Grape Tomato, Cucumbers and	Chocolate Ice Cream	Dusted Lemon Squares	Tapioca Pudding with Mango Syrup	Fresh Fruit and Yogurt Granola Parfait	Pecan Streusel Cake with Caramel Sauce
Shredded Broccoli Coleslaw	Carrots	Caesar Salad Fried Chicken with Gravy	Baby Spinach Salad, Red Onions, Crumbled Egg and Balsamic Dressing	Iceberg Lettuce with Tomato and Cucumber	Coleslaw with Sesame Dressing	Classic Creamy Macaroni Salad
Carved Turkey with Stuffing and Gravy	Steamed Cod with Creole Cream Sauce	Beef and Vegetable Stew	Poached Salmon with White Wine Cream Sauce	Duck Cassoulet with Beans, White Wine, Root	Shrimp Curry	Lemon Herb Boneless Chicken Thighs with Pan
Rosemary and Garlic Roasted Beef with Red Wine	Herb Rubbed Pork loin with Mushroom Sauce	_	German Style Meatballs with Creamy Gravy	Vegetables, Cherry Tomatoes, Fresh Herbs and Memphis BBQ Pork Back Ribs, Mashed Potatoes,	Sweet and Sour Pork	Gravy  Beer Braised Bratwurst Sausage with Crispy Onions
Jus Sour Cream Mashed Potatoes, Roasted Acorn Squash and Carrots	Herbed Couscous, Cauliflower and Zucchini	Creamy Mashed Potato, Broccoli and Pearl Onions  Vanilla Cake with Raspberry Coulis	Roasted New Potatoes, Braised Red Cabbage and	Creamed Corn and Spinach and Parmesan	Garlic Fried Rice, Broccolini and Red Pepper	Sour Cream Mashed, Green, Yellow Beans and
Boston Cream Pie	Strawberry Jell-O with Whipped Cream	, and cane man aspectly count	Carrots  Warm Pear Crumble with Vanilla Ice Cream	Black Forest Cake	Pumpkin Pie with Whipped Cream	Carrots Orange Citrus Cake
Sun, Dec 08	Mon, Dec 09	Tue, Dec 10	Wed, Dec 11	Thu, Dec 12	Fri, Dec 13	Sat, Dec 14
<u>,                                      </u>	Creamy Butternut Squash Soup Grilled Chicken Caesar Salad with Croutons,	Corn Chowder	Potato and Leek Soup	Egg Drop Soup	Beef and Vegetable Soup	,
Mushroom Barley Soup  Buttermilk Pancakes with Warm Maple Syrup	Parmesan Cheese and Lemon Wedge	Turkey and Swiss Monte Cristo Sandwich with Dill	BBQ Chicken Pizza with Red Onions, Peppers and	Honey Garlic Chicken with Peppers and Pineapple Mixed Vegetable Chow Mein	Fish & Chips w/ Tartare Sauce and Lemon Wedge	Cream of Tomato Soup  Ham, Cheese and Spinach Quiche
Bacon and Sliced Tomato		Pickel Spear Wedge Cut Fries and Ketchup	Cilantro Tossed Green Salad	Butterscotch Pudding	Traditional Coleslaw	Shredded Broccoli Salad in Ranch
				Spinach Salad with Oranges and Walnuts	Matcha Cheese Cake Mousse	
Blueberry Yogurt and Granola  Mixed Greens with Vegetables and Balsamic	Chocolate Mousse with Vanilla Wafer	Cream Puffs with Chocolate Sauce	Raspberry Jello with Whipped Cream		Tomato Bocconcini with Fresh Basil and Balsamic	Strawberry Ice Cream
Dressing Herbed Chicken Breast with Sage Gravy and	Greek Salad with Feta and Oregano	Pickled Red Beet Salad with Fresh Dill	Rainbow Coleslaw with Pumpkin Seeds	Turkey Schnitzel with Dijon Cream Sauce	Butternut Squash Ravioli with Prawns, Brown Butte Sauce	
Cranberry Sauce	Maple Soy Glazed Cod with Lime Wedge	Thai Coconut Chicken Curry	Slow Baked Salmon with Bearnaise Sauce Pork Tenderloin with Marbella Sauce	Beef Tendede's Standard Wild Construction	Chicken Alfredo with Penne	Roasted Lamb Leg with Mint Chutney
Brown Sugar and Orange Glazed Ham Onion Scallop Potatoes, Asparagus and Pearl	Pork Schnitzel with Mushroom Cream Sauce	Mongolian Beef		Beef Tenderloin Stroganoff with Sour Cream and Smoked Paprika	Toasted Garlic Bread, Roasted Mushrooms and Onion Sautee	Slow Braised Pork Shoulder Steak with Horseradish Mustard Sauce
Onions	Creamy Mashed Potatoes, Braised Cabbage and Carrots	Garlic Rice, Bok Choy and Pepper	Herbed New Potato, Roasted Zucchini and Roasted Tomato	Egg Noodle, Broccoli and Yellow Beans	Strawberry Shortcake	Mashed Potato, Roasted Corn and Cauliflower
Lemon Meringue Pie	Banana Bread Pudding	Cookie and Cream Ice Cream	Mixed Berry Cobbler	Cherry Bavarian Cream Tart	Fri, Dec 20	Lemon Macaroon Bar
Sun, Dec 15	Mon, Dec 16	Tue, Dec 17	Wed, Dec 18	Thu, Dec 19	Carrot and Apple Soup	Sat, Dec 21
Onion Soup with Garlic Croutons and Tarragon	Turkey and Vegetable Soup	Roasted Red Pepper Soup	Cream of Vegetable Soup	Cream of Cauliflower	Creamy Mac N' Cheese with Pulled Pork	Vegetable Barley
Full Breakfast Scrambled Eggs, Baked Beans, Sausages, Roasted	Chef's Salad	Pizza Grilled Cheese Sandwich with Peperoni Mozzarella and Tomato Sauce	Salmon Burger with Lettuce, Tomato, Red Onion	Chicken Fried Rice with Cilantro	Garlic Toast	Open Faced Hot Turkey Sandwich with Sage Gravy
Roma Tomato and Hashbrowns	Cucumbers, Tomatoes, Shredded Carrots, Crumbled Egg, Sliced Turkey, Cheddar and Whole	Classic Caesar Salad	and Remoulade Sauce Coleslaw and Potato Chips	Eggs, Carrots, Green Peas and Spring Roll	Pumpkin Cheese Cake Mousse	Yam Fries and Peas
Fresh Cut Fruit Salad	Banana Pudding with Chocolate Chips	Black Raspberry Cheesecake Ripple Ice Cream	Pineapple Jelly with Whipped Cream	Egg Tarts	Mixed Greens with Apples and Walnuts	Mini Donut Holes with Cinnamon Sugar
Devilled Egg Potato Salad	Iceberg Lettuce with Tomato and Blue Cheese Dressing	Chickpea Salad with Julienne Vegetables	Mixed Green Salad	Asian Coleslaw	Chicken and Leak Pot Pie with Thyme Gravy	Classic Macaroni Salad
Roasted Turkey Breast with Garlic Thyme Gravy Beer Braised Beef Steaks with Caramelized Onion	Chicken and Bacon Meatloaf with BBQ Glaze and	Butter Chicken	Chicken Diane	Teriyaki Glazed Salmon	Swedish Meat Balls	Beef Bolognese with Spaghetti
Gravy Herb Roasted Potatoes, Acorn Squash and Brussels	Gravy Breaded Veal Cutlets with Caper Lemon Parsley Butter	Lamb Kofta with Yogurt Dressing	Pork Stroganoff with Mushrooms and Sour Cream	Vegetarian Mapo Tofu	Mashed Potatoes, Roasted Zucchini and Yellow	Bratwurst Sausage with Cheese Sauce and Soft
Sprouts	Chive Mashed Potatoes and Broccolini	Saffron & Onion Basmati Rice, Roasted Cauliflower	Creamy Mashed Potatoes, Broccoli and Carrots	Steamed Rice, Roasted Pepper, Onion, and Green	Beans German Chocolate Cake	Pretzel Braised Nappa Cabbage and Blistered Grape
Chocolate Chunk Espresso Ice Cream	Triple Fudge Cake	and Roasted Tomato		Beans	Fri, Dec 27	Tomatoes
Sun, Dec 22	Mon, Dec 23	Warm Rice Pudding with Raisins	Red Velvet Cake	Boston Cream Pie	Cream of Parsnip Soup	Banana Fosters with Vanilla Ice Cream
Chicken Noodle Soup	Roasted Corn Chowder	Tue, Dec 24	Wed, Dec 25	Thu, Dec 26		Sat, Dec 28
Apple, Spinach and Bacon Quiche	Honey Garlic Chicken Wings	Cabbage and Vegetable Soup	Cream of Broccoli Soup	Egg Drop Soup with Scallions Crispy Ginger Beef	Pepperoni Pizza Mixed Green Salad, Tomato Wedge and Italian	Split Peas Soup  Nathen's All Beef Hot Dog with Ketchup, Mustard,
Tossed Mixed Greens with Julienne Vegetables		Chicken Salad Roll with Craisin	Loaded Stuffed Baked Potato, Sour Cream, Shredded Cheese, Green Onions with Pulled Pork		Dressing	Relish and Sauerkraut
Fresh Fruits	Cucumber, Carrot and Celery Sticks with Ranch Dip	Roasted Yam Fries	Creamy Rainbow Coleslaw	Vegetable Stir Fried Noodles and Spring Rolls	Lemon Jello with Whipping Cream  Tomato Bocconcini Salad with Basil and Balsamic	Potato Fries and Dill Pickle Wedge
Iceberg Lettuce, Grape Tomatoes, Carrots and Red Onions with Balsamic Dressing Herbr Wilstedar With Rosem Brianer Gauce	Tangerine Mousse with Chocolate Shavings Greek Salad with Feta Cheese and Olives Lemon Scented Rice Mixed Roof Vegetables	Strawberry Banana Ice Cream	Date Bar with Caramel Sauce	Yogurt with Stewed Strawberries	Reduction	NY Cheesecake with Blueberry Sauce
Cheese Scallop Potatoes, Roasted Zucchini ánd	Lem on Schnied सिट्ट भी अधि कि प्राप्ट करिया है । Mini Lemon Curd Tart	Green Salad with Pears, Almonds and Blue Cheese	Shrimp Avocado Salad	Cucumber Dill Salad	Spinach and Ricotta Cannelloni with Tomato Basil Sauce	Chickpea Salad with Fresh Cut Vegetables
Mushroom Sautee  Maple Walnut Ice Cream	Mon, Dec 30	Dressing Maple and Soy Glazed Salmon with Steamed Parsley Potatoes	Traditional Turkey Dinner: Roasted Turkey, Stuffing,	Hearty Chicken Stew with Vegetables, Potatoes and	Spaghetti and Meatballs with Tomato Basil Sauce	Miso Glazed Snapper with Cilantro and Wild Rice
Sun, Dec 29	Curried Cauliflower Soup	Beef Liver with Crispy Bacon, Caramelized Onion	Cranberry Sauce and Gravy  Vegetarian Cake with Citrus Butter Sauce	Dinner Roll Pork Goulash with Mini Perogies, Sour Cream	Charred Broccolini and Portobello Mushrooms	Pilaf  Lamb Shepherd's Pie with Mint Gravy
Turkey Vegetable Soup	Classic Hot Dog with Condiments Poutine	Wilted Spinach and Cauliflower	Mashed Potato, Roasted Root Vegetables and	Buttered Broccoli and Roasted Parsnips	Warm Apple Crumble	Green Peas and Carrots
French Toast with Warm Maple Syrup and Icing Sugar	Two Bite Brownies with Whipped Cream	Bread Pudding with Raisins	Brussel Sprouts  White Chocolate Raspberry Tart with Mint Crystal	Tiramisu Mousse with Vanilla Wafer		Bavarian Cream Tarts with Berry Sauce
Bacon	Iceberg Salad with Julienne Vegetables		Trace Chocolate Raspoerry Tark with Willit Crystal			23.5 Cream rates with berry state
Fruit Salad	Turkey a la King with Scallion Bun  Herb Crusted Pork Tenderloin with Garlic Mushroom	Tue, Dec 31			_	
Baby Spinach Salad, Red Onions, Crumbled Egg		Carrot Ginger Soup			<b>9</b>	
and Balsamic Dressing Baked Apricot Glazed Chicken Thighs with Sweet		Roasted Beef Sandwich with Horseradish Mayonnaise				_
and Tangy Jus Braised Beef Brisket with Natural Jus and Yorkshire		Creamy Potato Salad and Pickles				
Pudding  Mashed Potatoes, Yellow Beans and Carrots		Mango Ice Cream		The same of the sa		
Coconut Cream Pie		Butter Squash Veloute with Mascarpone and	21			No. of the second secon

Pumpkin Seed Pesto
Roasted Prime Rib with Red Wine Jus
Grilled Cauliflower Steak with Hummus and
Gremolata
Baked Potato or Mashed Potato with Asparagus,

Baby Carrots, and Mushroom Cranberry Curd Pie with White Chocolate Mousse and Pistachio